



There are probably tens of thousands of burger recipes out there. But the humble burger doesn't need to be quite so humble if you use a little imagination....

Ingredients:- (Serves 6)

900g minced sirloin

1 large yellow onion, chopped

8 clove garlic, minced

1 medium green pepper, finely chopped

1 bunch spring onion, white part and half of green stalks, chopped

1 large egg

29.58 ml Worcestershire sauce

14.79 ml soy sauce

1.23 ml Tabasco sauce

1.23 ml pepper

1.23 ml salt

1.23 ml Mustard powder

1.23 ml thyme

1.23 ml cornstarch

14.79 ml Cream cheese

14.79 ml plain breadcrumbs

Method:-

(1) In a large bowl, combine all ingredients.

(2) Mix well with your hands and shape into burgers.

(3) If time allows, place burgers in an airtight container and refrigerate overnight to let flavors intensify.

(4) Grill or fry burgers, whichever you prefer and serve in a bun with grated cheese salad and chips.

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